



J.J. Abrams

Birth Name: Jeffrey Jacob Abrams

Birthday: Monday, June 27, 1966

Sign: [Cancer](#) [1]

Birth Place: New York City, New York, United States

Height: 5' 7"

Jeffrey Jacob "J. J." Abrams is an American film and television producer, screenwriter, director, actor, and composer. He is well known for his work in the genres of action, drama, and science fiction.

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